



IKO Matsushima
Kyokushinkaikan
Croatia

I.K.O. Matsushima Kyokushinkaikan Croatia
and
Kyokushin karate club "Domenica"
as organizer and member of
Croatian Kyokushinkai Association

KYOKUSHIN
KARATE CLUB
DOMENICA



invites you to the International Kyokushin Karate Kata and Kumite Tournament
open to all organizations and all styles of martial arts

“20th Domenica Cup”

Time: Saturday, March 15, 2025

Place: Sport's Hall Vladimir Deščak, Školska 4, Novaki, Sveta Nedelja, Zagreb County, Croatia

Categories of Kata competition:

1. Younger kids boys (min. 10th Kyu): born 2018/2017
2. Younger kids girls (min. 10th Kyu): born 2018/2017
3. Older kids boys (min. 10th Kyu): born 2016/2015
4. Older kids girls (min. 10th Kyu): born 2016/2015
5. Younger cadet boys (min. 10th Kyu): born 2014/2013
6. Younger cadet girls (min. 10th Kyu): born 2014/2013
7. Older cadet boys (min. 10th Kyu): born 2012/2011
8. Older cadet girls (min. 10th Kyu): born 2012/2011
9. Junior boys (min. 10th Kyu): born 2010 - 2007
10. Junior girls (min. 10th Kyu): born 2010 - 2007
11. Adult men (min. 10th Kyu): born 2006 and before
12. Adult women (min. 10th Kyu): born 2006 and before

Categories of Kumite competition:

1. Younger kids boys (min. 10th Kyu): born 2018/2017 (-30kg, -40kg and +40kg)
2. Younger kids girls (min. 10th Kyu): born 2018/2017 (-30kg, -40kg and +40kg)
3. Older kids boys (min. 10th Kyu): born 2016/2015 (-35kg, -45kg and +45kg)
4. Older kids girls (min. 10th Kyu): born 2016/2015 (-30kg, -40kg and +40kg)
5. Younger cadets boys (min. 10th Kyu): born 2014/2013 (-40kg, -50kg and +50kg)
6. Younger cadets girls (min. 10th Kyu): born 2014/2013 (-35kg, -45kg and +45kg)
7. Older cadets boys (min. 10th Kyu): born 2012/2011 (-50kg, -60kg, -70kg i +70kg)
8. Older cadets girls (min. 10th Kyu): born 2012/2011 (-40kg, -50kg and +50kg)
9. Younger juniors boys (min. 10th Kyu): born 2010/2009 (-60kg, -70kg, -80kg i +80kg)
10. Younger juniors girls (min. 10th Kyu): born 2010/2009 (-45kg, -55kg and +55kg)
11. Older juniors boys (min. 10th Kyu): born 2008/2007 (-65kg, -75kg, -85kg i +85kg)
12. Older juniors girls (min. 10th Kyu): born 2008/2007 (-50kg, -60kg and +60kg)
13. Younger adults men (min. 10th Kyu): born 2006/2005 (-70kg, -80kg, -90kg and +90kg)
14. Younger adults women (min. 10th Kyu): born 2006/2005 (-55kg, -65kg and +65kg)
15. Older adults men "C" (10th - 7th Kyu): born 2004 and before (-70kg, -80kg, -90kg and +90kg)
16. Older adults women "C" (10th - 7th Kyu): born 2004 and before (-55kg, -65kg and +65kg)
17. Older adults men "B" (10th - 1th Kyu): born 2004 and before (-70kg, -80kg, -90kg and +90kg)
18. Older adults women "B" (10th - 1th Kyu): born 2004 and before (-55kg, -65kg and +65kg)
19. Older adults men "A" (min. 4th Kyu): born 2004 and before (-70kg, -80kg, -90kg and +90kg)
20. Older adults women "A" (min. 4th Kyu): born 2004 and before (-55kg, -65kg and +65kg)
21. Veterans men (min. 10th Kyu): born in 1985. or before (-70kg, -80kg, -90kg and +90kg)

NOTE!

- *Minimum of two competitors in category is required for a category to be held;*
- *In the case of only one competitor in a category after the deadline for applications, competitor will be offered to move to the next appropriate category if such will be available;*

- In the case of only one competitor in a category on the day of the tournament, registered competitors will be offered to move to the next appropriate category if such will be available.

Rules of Kata competition:

- Cup's system for kata competition with performing kata for 3rd place (decisions using flags);
- Competitors perform a kata of their choice in all rounds of the competition from the list of katas provided for that category and a kata performed in one round can be repeated in the following rounds.

	Kids (born 2018 – 2015)	Cadets (born 2014 – 2011)	Juniors & Adults (born 2010 and before)
List of Kata for free choice in all rounds of competition (TOKUI)	<ul style="list-style-type: none"> • Taikyoku ichi • Taikyoku ni • Taikyoku san • Pinan ichi • Pinan ni • Pinan san • Pinan yon • Pinan go 	<ul style="list-style-type: none"> • Taikyoku san • Pinan ichi • Pinan ni • Pinan san • Pinan yon • Pinan go • Gekisai dai • Yantsu • Tsuki no • Saiha 	<ul style="list-style-type: none"> • Pinan ichi • Pinan ni • Pinan san • Pinan yon • Pinan go • Gekisai dai • Yantsu • Tsuki no • Saiha • Kanku dai • Gekisai sho • Seienchin • Sushiho • Garyu • Seipai

Rules of Kumite competition:

- Cup's system of competition with a fight for the 3rd place;
- For each category is prescribed protective equipment that are determined by the specific rules in that category;
- The general rule in all categories is: prohibited are punches to the head, punches and kicks to the groin, back and when opponent is on the floor, catch, pull or push an opponent, avoid a fight by turning the back or going out of the tatami, prohibited is celebrate, cry, simulate, offend or to do anything opposite of Kyokushin ethic = warning (Chui), penalty (Genten) or exclusion (Shikaku) depending on the character and severity of the offense or its repetition.

Name of the category & No.	Protective equipment	Specific rules in each category
<p>Kids born 2018 - 2015 (No. 1 - 4) & Younger Cadets born 2014/2013 (No. 5 & 6)</p>	<p>Required:</p> <ul style="list-style-type: none"> • Helmet • Trunk protector (full cover the solar plexus, chest and ribbons) • Gloves • Groin guard • Foot and shin protectors <p>Optional:</p> <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Full powered punches and kicks is only allowed to the trunk protector. Individual technique or their series that opponent stops or moves backwards = 1 point; • Knock down to the trunk protector for 3 seconds = 2 points; • Knock out to the trunk protector for more than 3 seconds = 4 points and win; • In helmet is allowed only soft contact by Mawashi geri, Uchi haisoku geri or Kake geri = 2 points; • Knock down in head is prohibited = "Shikaku"; • Punches and kicks to the legs is prohibited = "Chui" (warning); • Second "Chui" = "Genten" (penalty) and 1 point for opponent; • Fourth "Chui" = "Shikaku" (disqualification); • Winner is whoever first reaches 4 points or has more points after the regular time or by referees decision in the case of unresolved result after the second extension; • <i>Duration of the fight:</i> <ul style="list-style-type: none"> - Kids: 1'30" – 1' – weighing (4 kg) – 1'; - Younger Cadets: 2' – 1' – weighing (5 kg) – 1'.

Name of the category & No.	Protective equipment	Specific rules in each category
Older Cadets born 2012/2011 (No. 7 & 8) & Younger juniors born 2010/2009 (No. 9 &10)	Required: <ul style="list-style-type: none"> • Helmet • Breasts protector (for girls) • Gloves • Groin guard • Foot and shin protectors Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Full powered punches and kicks to the legs, to the body and to the arms are allowed; • Knock down to the legs, to the body and to the arms for 3 seconds = "Wazari"; • Knock out to the legs, to the body and to the arms for more than 3 seconds = "Ippon"; • In helmet is allowed only soft contact by Mawashi geri, Uchi haisoku geri or Kake geri = "Wazari" • Knock down in head is prohibited = "Shikaku";
Older juniors born 2008/2007 (No. 11 & 12) & Older adults "C" born 2004 > (No. 15 & 16) & Veterans men born in 1985 > (No. 21.)	Required: <ul style="list-style-type: none"> • Helmet • Breasts protector (for girls) • Groin guard • Foot and shin protectors Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Winner is whoever first reaches Ippon or has advantage by Wazari after the regular time or by referees decision; • <i>Duration of the fight:</i> <ul style="list-style-type: none"> - Older Cadets: 2' – 1' – weighing (5 kg) – 1'; - Younger juniors: 2' – 1'30" – weighing (5 kg) – 1'; - Older juniors: 2' – 2' – weighing (5 kg) – 1'; - Older adults: 3' – 2' – weighing (5 kg) – 2'; - Veterans men: 2' – 2' – weighing (5 kg) – 1'
Younger adults born 2006/2005 (No. 13 - 14) & Older adults "B" born 2004 > (No. 17 & 18)	Required: <ul style="list-style-type: none"> • Breasts protector (for women) • Groin guard • Foot and shin protectors Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Full powered punches and kicks to the legs, to the body and to the arms is allowed; • Full powered kicks to the head is allowed; • Knock down for 3 seconds to the legs, to the body, to the arms and to the head = "Wazari"; • Knock out to the legs, to the body, to the arms and to the head for more than 3 seconds = "Ippon";
Older adults "A" born 2004 > (No. 19 & 20)	Required: <ul style="list-style-type: none"> • Breasts protector (for women) • Groin guard Optional: <ul style="list-style-type: none"> • Mouth guard 	<ul style="list-style-type: none"> • Winner is whoever first reaches Ippon or has advantage by Wazari after the regular time or by referees decision; • <i>Duration of the fight:</i> 3' – 2' – weighing (5 kg) – 2'.

Registration fee:

- 30 EUR (Kata or Kumite) / 40 EUR (Kata and Kumite) - payment at the registration.

Registration:

- Competitors are required to complete registration within the specified time, otherwise they lose the right to participate in the competition;
- For all competitors is provided a lunch pack.

NOTE!

- *Competitors in Kumite competition whose weight exceeds the allowed weight limit in their registered category, during weighing may have the opportunity to undergo a re-weighing within the registration period;*
- *If, after the re-weighing, a competitor's weight still exceeds the allowed weight limit, there is a possibility of transferring the competitor to the first suitable category available (in that case the competitor will be required to pay an additional fee of 30 EUR).*

Schedule:

Friday, March 14, 2025 – Sport's Hall

- 18:00 - 21:00 – Registration for Kata & Kumite competitors.

Saturday, March 15, 2024 – Sport's Hall

- 08:00 - 08:30 – Registration for Kata competitors;
- 09:00 - 11:00 – Registration for Kumite competitors;
- 09:00 – Match officials meeting for Kata competition;
- 09:30 – Kata competition and Kata Awards ceremony;
- 12:15 – Match officials meeting for Kumite competition;
- 13:00 – Opening ceremony and Kumite competition.

NOTE!

- *All competitors, coaches and match officials have to be present at the opening ceremony!*

Awards:

- 1st place – cup;
- 1st - 3rd place – medal and certificate;
- 4th place – certificate.

NOTE!

- *During the award ceremony competitors can be dressed only in Gi and Obi!*

Match officials:

- Match officials on the tournament are referees and corner judges registered by the clubs / teams for the tournament and we invite all clubs and teams to delegate their match officials;
- For match officials are provided compensation and lunch.

Applications deadline: Tuesday, March 11, 2025 at 23:59 (after that will not be considered!)

Application method for competitors:

- Online at <http://karate-data.com/Tournaments/Upcoming> till March 11, 2025 at 23:59;
- Along with the online application, it is mandatory to send the next documents till March 11, 2025 at 23:59 to the email address vlado.sekelj@gmail.com:
 1. completed **Competitor application form** with all required information in excel format;
 2. valid **Medical certificate or Budo pass** for all competitors in pdf or jpeg format;
 3. signed **Statement of competitors** for all competitors in pdf or jpeg format (on behalf of kids, cadets and juniors, their parents have to sign it).

NOTE!

- *We warmly recommend travel health insurance with an additional amount for participation in amateur sports for every competitor;*
- *Following our experience of going to tournaments of abroad, it is very small amount (about 2 EUR per competitor per day) but all of our competitors in that case are insurance with amount of 15.000 EUR for the case of any injuries on the way including participation on the tournament;*
- *In that amount are covered hospital's costs as well as transport back home, so we hope that this option of insurance of competitors for this price you have in your country also and that you will use it.*

Application method for referees:

- By sending the **Referee application form** till March 11 at 23:59 on: vlado.sekelj@gmail.com

Accommodation:

- Tourist Board of the city of Sveta Nedelja: <http://www.svetanedelja.hr/en/>
- Tourist Board of the city of Samobor: <https://www.samobor.hr/en/visit/>
- Zagreb County Tourist Board: <http://www.tzzz.hr/en/>

Reports from previous Domenica Cups you may find on:

<https://www.karate-kyokushinkai.hr/en/domenica-cup/>

Results & statistics from the 19th Domenica Cup you may find on:

<http://karate-data.com/Tournament/19th-domenica-cup/About/166>

See you in Sveta Nedelja on “20th Domenica Cup”,

OSU!

Sensei Vladimir Sekelj, 4 Dan

President of Kyokushin Karate Club “Domenica” Sveta Nedelja
Branch Chief of I.K.O. Matsushima Kyokushinkaikan Croatia
President of the Croatian Kyokushinkai Association